

(Ave), Ave, Ave, Ave verum corpus,  
Natum de Maria virgine;  
Vere passum immolatum  
In cruce pro homine.  
cruce pro homine.

Cujus latus perforatum  
Unda fluxit et sanguine.  
Esto nobis praegustatum  
In mortis examine.  
In mortis examine.

### *Translation*

*Hail, true body,  
Born of the virgin Mary;  
Who has truly suffered, slaughtered  
On the Cross for humanity.  
Whose side was pierced,  
Pouring out water and blood.  
Be a foretaste for us  
During our ordeal of death.*